



Avid4 Adventure Covid Information 2023

Introduction

The physical and emotional health of our campers and our staff is our number 1 priority, and we are committed to an intentional, collaborative, and expert-informed plan to continue limiting the exposure to COVID-19 at all of our camp locations.

The information in this document is informed by guidance and guidelines from many sources, including the American Camp Association (ACA), the Center for Disease Control and Prevention (CDC), the Colorado Camps Network (CCN), and the state and county governments in the areas of which we operate. It is also informed by both the successes and challenges that we faced and learned from during the summers of 2020 -2022.

Organizationally, we will maintain a growth mindset, and we will edit this plan as new information is discovered and/or our external landscape changes. As the pandemic continues to evolve, so do our practices. Our plans may change and differ from state to state based on [community levels](#).

Links to Additional Resources

- [American Camp Association \(ACA\) Coronavirus Information](#)
- [Avid4 Adventure COVID-19 Info Page](#)
- [CDC Covid-19 Community Levels](#)
- [CDC Covid-19 Info for Schools, Child Care, and Colleges](#)
- [CDC Covid-19 Guidance for Operating Early Care and Education/Child Care Programs](#)

TRAINING, EDUCATION & COMMUNICATION

- All staff are (at minimum) First Aid and CPR certified. All staff receive training regarding Covid-19.
- Staff and families receive proactive communication about Covid-19 guidelines and expectations at camp.

HEALTH MONITORING

- Parents and guardians should monitor their campers' health daily. Campers should stay home when they have any signs of illness.
- Staff members should monitor their health daily. Staff members should stay home when they have any signs of illness and report their symptoms to their supervisor.
- Staff and campers will be isolated from the group if they become ill at camp.

MASKING

- Masks are optional at camp, however we support any camper or staff who chooses to wear a mask.
- We have masks on hand if someone starts to feel ill.
- When appropriate during transportation, windows will be open for increased ventilation.

*Avid4 Adventure will follow local, state and federal guidelines for [community transmission](#) and mask wearing. At this time, in all areas of operation, masks are optional indoors; however our policy may change if community levels rise.

ENHANCED HYGIENE & SANITATION

- Campers and staff practice frequent handwashing and hand sanitizing.
- Staff will ensure that handwashing happens with a continuous, hands-free flow of water to ensure vigorous scrubbing.
- Hand sanitizer will be used when soap and water are not available.
- High touch surfaces will be sanitized with EPA approved solutions after use.

FOOD SAFETY & SLEEPING

- No sharing of food between campers.
- Gloves will be worn when preparing or serving food.
- At the start and end of every meal, the kitchen and tables will be sanitized.
- Alternate sleeping arrangements (head to toe) so that there is at least 6 feet between each sleeping person's head.
- If sleeping in cabins, ventilation will be maximized by opening windows.

TESTING

- Staff and campers will be tested if they are experiencing signs or symptoms of Covid-19.

VACCINATION

- All staff members are strongly encouraged to be vaccinated and [up to date on their Covid-19 vaccines](#).
- Campers are encouraged to be vaccinated.
- Vaccinated overnight camp participants must arrive with proof of [up to date vaccinations](#). Day camp participants do not need to provide proof of vaccination.

POSITIVE CASES

- Each suspect case, positive case, or exposure will be treated as individual and unique situations, and thus specific responses may differ; local county health will dictate our actions.
- Per CDC and local recommendations, we will report cases to local county Public Health Departments where the camp is located, and follow their tracking/tracing guidelines.
- We maintain an internal communication/incident response plan.